



Caerphilly Tennis Club

Use of Changing

Rooms Policy

Created: 11th December 2022

Last Updated: 7th January 2026

Next Review: January 2028 (or earlier if legislation/guidance changes)



Caerphilly Tennis Club

Use of Changing Rooms Policy

The aim of this policy is to outline the acceptable use of our changing rooms at Caerphilly Tennis Club (CTC). This policy is fully supported by the management committee who are responsible for its implementation and review.

CTC strives to ensure that all children are safeguarded from abuse and have an enjoyable tennis experience.

- Groups of children will have sole use of changing rooms. This reduces any risks and potential vulnerability associated with mixing adults and children.
- If adults and children need to share our changing rooms, they will at different times. Where it is unavoidable that changing rooms are to be used by both adults and children at the same time, the disabled toilet may be used as a separate space.
- Under no circumstances will adult staff, coaches or volunteers change or shower at the same time as children using the changing rooms.
- Mixed gender groups of children will have access to separate changing rooms, or use the same changing room but at different times.
- If we are made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth, we will work with them and their parents/carers (where it relates to a child) to make reasonable adjustments to changing arrangements to suit their needs.
- Mobile phones and other electronic devices must not be used in changing rooms.
- For younger groups of children where a parent or carer is not present, a DBS checked coach or volunteer will wait outside the changing rooms to allow children to call for assistance if required.
- If the changing room facilities are unavailable then children, parents and carers, plus visitors will be made aware whenever possible and advised to make alternative arrangements or preparations.